

The Institute for Health, Health Care Policy and Aging Research presents:

"Cardiorespiratory Fitness and Health Outcomes in High Risk Patients"

Peter Kokkinos, PhD

Professor

Department of Kinesiology and Health, Rutgers University



Dr. Kokkinos' research emphasis is on the impact of cardiorespiratory fitness on human health, with specific interest in cardiometabolic health and chronic diseases prevention. He is using large datasets to examine the association between cardiorespiratory fitness and major adverse coronary events, kidney function, diabetes, hypertension, obesity and heart failure. Dr. Kokkinos is also involved in the prognostic and therapeutic aspects of physical activity and cardiorespiratory fitness. Specifically, his current research involves the impact of resting and exercise blood pressure on cardiac structure and function in hypertensive and diabetic populations. He is currently a Professor at Rutgers University, Department of Kinesiology and Health, School of Arts and Science. His work experience includes Director of the Exercise Stress Test and Laboratory and the Cardiometabolic Health Research Unit at the Veterans Affairs Medical Center, Washington DC.

Thursday, March 7th, 2019
12:00pm – 1:30 pm

Institute for Health, Health Care Policy and Aging Research
112 Paterson Street, 1st floor conference room (120B)

For additional information, contact Natalie Tuseth at 848-932-8413